



PETER POUSSENIER

HOW TO DETERMINE YOUR RING SIZE

1. Print this page and check the scaling

- Ensure that the option "page scaling" is set to none in your printer settings
- Print this page and measure the bar below
- If the bar is not exactly 1 inch or 30mm, please check your printer settings



A. Take the size of an existing ring

- Place the ring over the circles below, make sure the inside edge of the ring matches the circle as close as possible
- Be careful, the difference between two sizes is very small
- When sending us an information request, fill in the circumference in millimeters, If you doubt between two sizes, order the larger size.

44.2mm F 14.1mm	44.8mm F½ 14.3mm	45.5mm G 14.5mm	46.1mm G½ 14.7mm	46.8mm H 14.9mm	47.4mm H½ 15.1mm				
48.0mm I 15.3mm	48.7mm J 15.5mm	49.3mm J½ 15.7mm	50.0mm K 15.9mm	50.6mm K½ 16.1mm	51.2mm L 16.3mm	51.9mm L½ 16.5mm	52.5mm M 16.7mm	53.1mm M½ 16.9mm	53.8mm N 17.1mm
54.4mm N½ 17.3mm	55.1mm O 17.5mm	55.7mm O½ 17.7mm	56.3mm P 17.9mm	57.0mm P½ 18.1mm	57.6mm Q 18.3mm	58.3mm Q½ 18.5mm	58.9mm R 18.8mm	59.5mm R½ 19.0mm	
60.2mm S 19.2mm	60.8mm S½ 19.4mm	61.4mm T 19.6mm	62.1mm T½ 19.8mm	62.7mm U 20.0mm	63.4mm U½ 20.2mm	64.0mm V 20.4mm	64.6mm V½ 20.6mm		
65.3mm W 20.8mm	65.9mm W½ 21.0mm	66.6mm X 21.2mm	67.2mm X½ 21.4mm	67.8mm Y 21.6mm	68.5mm Z 21.8mm	69.1mm Z½ 22.0mm	70.4mm Z+1 22.4mm		

B. Use a ring sizer to measure your finger

- Cut out the ringsizer below and make a small incision at the dotted line
- Wrap the ring sizer around your finger, numbers facing outward
- Pull the tip of the sizer through the incision and pull tightly around the knuckle
- The corresponding number is your size (the circumference in millimeters)



Beware

Always measure your finger at the end of the day. This will ensure a more accurate measurement. Also avoid measuring your ring size when you have cold hands.



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INTERNATIONAL RING SIZE CHART

● When filling in a request form on our website, always fill in the circumference in mm

Circumference in (mm)	Diameter in (mm)	GB	US/Canada	JP/CN/SG	HK	Switzerland
44.2	14.1	F	3	4	6	4
44.8	14.3	F½		5		5¼
45.5	14.5	G	3½		7.5	
46.1	14.7	G½		6		6½
46.8	14.9	H	4	7	9	
47.4	15.1	H½				7¾
48.0	15.3	I	4½	8	10	
48.7	15.5	J				9
49.3	15.7	J½	5	9	11	
50.0	15.9	K				10
50.6	16.1	K½	5½	10	12	
51.2	16.3	L				11¾
51.9	16.5	L½	6	11	13	12¾
52.5	16.7	M		12		
53.1	16.9	M½	6½	13	14.5	14
53.8	17.1	N				
54.4	17.3	N½	7	14	16	15¼
55.1	17.5	O				
55.7	17.7	O½	7½	15	17	16½
56.3	17.9	P				
57.0	18.1	P½	8	16		17¾
57.2	18.2				18	
57.6	18.3	Q				
58.3	18.5	Q½	8½	17	19	
58.9	18.8	R				19
59.5	19.0	R½	9	18	20.5	
60.2	19.2	S				20¼
60.8	19.4	S½	9½	19	22	
61.4	19.6	T				21½
62.1	19.8	T½	10	20	23	
62.7	20.0	U		21		
63.4	20.2	U½	10½	22	24	22¾
64.0	20.4	V				
64.6	20.6	V½	11	23	25	
65.3	20.8	W				25
65.9	21.0	W½	11½	24	26	
66.6	21.2	X				
67.2	21.4	X½	12	25	27.75	27½
67.8	21.6	Y				
68.5	21.8	Z	12½	26		28¾
69.1	22.0	Z½				
69.7	22.2		13	27	30	
70.4	22.4	Z+1				
71.0	22.6		13½			